

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

Human Development: Responsible Life Choices provides students accurate information about the physical and emotional maturation process. The course will enable students to make well-informed decisions. Units covered include human developmental changes, life cycle experiences and interpersonal relationships, health and wellness, teen pregnancy, responsibilities of parenthood, and human development careers.

Objectives:

Students will:

1. describe factors that affect adolescence growth and development.
2. summarize the value of developing healthy relationships.
3. explain factors that contribute to health and wellness.
4. summarize ways of reducing or preventing pregnancy.
5. identify responsibilities related to becoming a pregnant teenager.
6. analyze social, physical, psychological and emotional costs of parenthood.
7. demonstrate employability and social skills conducive to a successful career.

Credit:

½ - 1 Unit

To satisfy requirements for ½ unit, cover all standards in units A-C. To satisfy requirements for 1 unit, address all standards A-F.

National Certification:

HIV/AIDS Education Certification
American Red Cross
2751 Bull Street
Columbia, South Carolina 29204

Recommended grades: 9-12

Textbook:

<http://www.mysctextbooks.com/>

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

High School Education: Junior Recreational Counselor, Child Development Associate, Child Care Assistants/Workers, Sales Consultants, Consumer Goods or Services Retailing Representatives

Postsecondary Education: Admissions Officer or Counselor, Child Life Specialist, Children's Publishing, Crisis Center Specialist, Early Childhood/Preschool Teacher, Employment Interviewer/Recruiter, Health Educator, Human Services Worker, Infant Caregiver, Parent Educator, Parole Officer, Psychiatric Aide, Recreation Aide, Recreational Therapist, Research Assistant, Teacher, Youth Services Worker

Postgraduate Education: Administrator, Admissions Administrator, Adoption Agency Official, Career Consultant, Case Manager/Social Work/Child Protective Services, Child Librarian, Children's Public TV, Coordinator of Special Services/Director of Campus Activities, Early Childhood Center Director, Employee Assistance Program, Administrator, Gerontology Careers, Human Resources/Personnel Manager, Marriage and Family Therapist, Rehabilitation Counselor, Clinical Psychologist, Director of Career Planning, Health Psychologist

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

Standards Committee:

LaLone Augustine
Irmo High School

Glenda Lindler
Hall Institute

Beverly Ingram
University of South Carolina

Janetha Prioleau
West Ashley High School

Ethel Jones
South Carolina State University

Mary Yearta
Northwestern High School

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

COMPREHENSIVE HEALTH EDUCATION ACT

Segments of the Comprehensive Health Act that apply to this course are listed below. To see more information regarding the Act, go to:

http://www.state.sc.us/sclac/Reports/2001/HealthEd_Summary.pdf

<http://www.heritageservices.org/SCHealth.html>

Section 59-32-5 Short title.

This may be cited as the “Comprehensive Health Education Act”

Section 59-32-10. Definitions.

As used in this chapter:

- 1) **“Comprehensive health education”** means health education in a school setting that is planned and carried out with the purpose of maintaining, reinforcing, or enhancing the health, health-related skills, and health attitudes and practices of children and youth that are conducive to good health and that promote wellness, health maintenance, and disease prevention. It includes age-appropriate, sequential instruction in health either as part of existing courses or as a special course.
- 3) **“Family life education”** means instruction intended to:
 - a) develop an understanding of the physical, mental, emotional, social, economic, and psychological aspects of close personal relationships and an understanding of the physiological, psychological, and cultural foundations of human development;
 - b) provide instruction that will support the development of responsible personal values and behavior and aid in establishing a strong family life for themselves in the future and emphasize the responsibilities of marriage.
 - c) Provide instruction as to the laws of this State relating to the sexual conduct of minors, including criminal sexual conduct.
- 4) **“Pregnancy prevention education” means instruction intended to:**
 - a) stress the importance of abstaining from sexual activity until marriage;
 - b) help students develop skills to enable them to resist peer pressure and abstain from sexual activity;

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

- c) explain methods of contraception and the risks and benefits of each method. Abortion must not be included as a method of birth control. Instruction explaining the methods of contraception must not be included in any education program for grades kindergarten through fifth. Contraceptive information must be given in the context of future family planning.

Section 59-32-30. Local school boards to implement comprehensive health education program; guidelines and restrictions.

A) Pursuant to guidelines developed by the board, each local school board shall implement the following program of instruction:

- 3) Beginning with the 1989 –90 school year, at least one time during the four years of grades nine through twelve, each student shall receive instruction in comprehensive health education, including at least seven hundred fifty minutes of reproductive health education and pregnancy prevention education.

- 6) In grades nine through twelve, student must also be given appropriate instruction that adoption is a positive alternative.

D) No contraceptive device or contraceptive medication may be distributed in or on the school grounds of any public elementary or secondary school. No school district may contract with contraceptive provider for their distribution in or on the school grounds. Except as to that instruction provided by this chapter relating to complications which may develop from all types of abortions, school district may not offer programs, instruction, or activities including abortion counseling, information about abortion services, or assist in obtaining abortion, and materials containing this information must not be distributed in schools. Nothing in this section prevents school authorities from referring student to a physician for medical reasons after making reasonable efforts to notify the student's parents or legal guardians or the appropriate court , if applicable.

E) Any course or instruction in sexually transmitted diseases must be taught within the reproductive health, family life, or pregnancy prevention education components, or it must be presented as a separate component.

F) Instruction in pregnancy prevention education must be presented separately to male and female students.

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

Section 59-32-50. Notice to parents; right to have child exempted from comprehensive health education program classes.

Pursuant to policies and guidelines adopted by the local school board, public school principals shall develop a method of notifying parents of students in relevant grades of the content of the instructional materials concerning reproductive health, family life, pregnancy prevention, and of their option to exempt their child from this instruction, and sexually transmitted diseases if instruction in the diseases is presented as a separate component. Notice must be provided sufficiently in advance of a student's enrollment in courses using these instructional materials to allow parents and legal guardians the opportunity to preview the materials and exempt their children.

A public school principal, upon receipt of a statement signed by a student's parent or legal guardian stating that participation by the student in the health education program conflicts with the family's beliefs, shall exempt that student from any portion or all of the units on reproductive health, family life, and pregnancy prevention where any conflicts occur. No student must be penalized as a result of an exemption. School districts shall use procedures to ensure that students exempted from the program by their parents or guardians are not embarrassed by the exemption.

Section 59-32-80. Penalty for teacher's violation of or refusal to comply with chapter.

Any teacher violating the provisions of this chapter or whom refuses to comply with the curriculum prescribed by the school board as provided by this chapter is subject to dismissal.

Section 59-32-90. Restriction on use of films, pictures or diagrams.

Films, pictures, or diagrams in any comprehensive health education program in public schools must be designed solely for the purpose of explaining bodily functions or the human reproduction process and may not include actual or simulated portrayals of sexual activities or sexual intercourse.

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

SOUTH CAROLINA SPEAKS! 2004

For more information:

South Carolina Campaign to Prevent Teen Pregnancy
1511 Gregg Street
Columbia, SC 29201
(803) 771-7700
www.teenpregnancysc.org

“South Carolina’s registered voters have spoken...”

Survey Results

Survey respondents show overwhelming support for comprehensive sex education in SC public schools.

TOPIC	% Support
Sexually transmitted diseases	93%
Abstinence	91%
Sexual abuse/rape/sexual assault	90%
Parenting responsibilities	88%
Physical/social growth changes	86%
Reproductive anatomy	85%
Contraception	82%
Pregnancy and childbirth	82%
Responsible relationships	80%

FACTS:

81% of the South Carolina registered voters support sex education containing information on abstinence and contraception.

Only **1 in 10** registered voters in South Carolina feels that sex education should not be taught in the state’s public schools.

71% of the South Carolina high school students report having had sexual intercourse before they graduate.

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

South Carolina has the **8th highest** birth rate in the nation among 15-17 year old females.

Kids Count 2004

More information can be found at <http://www.aecf.org>.

Indicator	Rank
Percent low-birthweight babies	47
Infant mortality (deaths per 1,000 live births)	46
Child death rate (deaths per 100,000 children ages 1-14)	38
Rate of teen deaths by accident, homicide, and suicide (deaths per 100,00 teens ages 15-19)	42
Teen birth rate (births per 1,000 females ages 15-17)	42
Percent of teens who are high school dropouts (ages 16-19)	35
Percent of teens not attending school and not working (ages 16-19)	41
Percent of children living in families where no parent has full-time, year-round employment	36
Percent of children in poverty (data reflect poverty in the previous year)	34
Percent of families with children headed by a single parent	36
Overall rank	46

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

A. HUMAN DEVELOPMENT: THE TEEN YEARS

1. Identify factors that affect adolescent growth and development.
2. Analyze the relationship between growth pattern changes and developmental tasks.
3. Analyze conditions that influence sexuality and behavior.

B. LIFE CYCLE EXPERIENCES AND INTERPERSONAL RELATIONSHIPS

1. Determine experiences to assist in the development of self-expression.
2. Apply decision-making processes to help reduce and manage conflicts.
3. Demonstrate communication skills that contribute to positive relationships.
4. Evaluate the impact of technology and media on the communication process.
5. Implement goals for improving communication with others.

C. HEALTH AND WELLNESS

1. Explain the human reproductive system.
2. Identify the benefits of sexual abstinence.
3. Assess factors contributing to risky behaviors.
4. Analyze prevention, symptoms, and treatments of STIs including HIV, AIDS, etc.
5. Identify resources for assistance regarding exploitation.

HUMAN DEVELOPMENT: RESPONSIBLE LIFE CHOICES 1 AND 2 (HUMAN SEXUALITY 1 AND 2)

Course Codes: 5834 and 5835

D. TEEN PREGNANCY (Level 2)

1. Identify the consequences of teenage pregnancy.
2. Explain the health risks to mother and infant during teen pregnancy.

E. RESPONSIBILITIES OF PARENTHOOD (Level 2)

1. Identify the various skills and responsibilities of teen parenting.
2. Identify multiple roles of teen parents/caregivers.
3. Predict challenges facing teen parents/caregivers.
4. Explain the effects of teen parenting on education.
5. Identify various means of assistance that may be available to teen parents.

F. CAREERS (Level 2)

1. Research various careers related to human development.
2. Demonstrate leadership and organizational skills.
3. Demonstrate interpersonal communication skills needed for success in leadership roles.